

24<sup>th</sup> March 2017

Dear Parent/Carer,

This letter is to inform you that your child will be studying Sex and Relationships Education (SRE) in both Science and within Personal Social Health Education (PSHE). The school has a statutory duty to provide Personal, Social and Health Education, including issues relating to sexual health, which is delivered by a combination of selected school staff and Health professionals in Year 9 and 10 in our school. We feel that that this gives our pupils the essential information in a confidential and sensitive way.

The SRE programme teaches pupils factual information about puberty and sexual health, in the context of inter-personal relationships. At Huntcliff we aim to assist pupils to prepare for adult life by supporting them through their physical, emotional and moral development, and helping them to understand themselves, respect others and form and sustain healthy relationships.

One aspect of the PSHE curriculum is to promote healthy, responsible choices for pupils by providing them with factual information about a variety of topics, teaching them skills such as decision-making, refusal and negotiation, and by encouraging them to discuss their health and well-being concerns with their parents and qualified health professionals. It follows on from the Big Talk programme delivered throughout primary schools.

Classroom-based health education is far more effective if it can be combined with active involvement and this includes strong links to health services in the community, with visits, talks and other appropriate activities to support all pupils during this stage of their education.

This letter is for information only, however if you **do not** wish your child to take part in the SRE programme then please fill in the slip at the bottom of this page and return it to the school by Thursday 6<sup>th</sup> April 2017.

**Session 1: Personal safety and risk taking: Ground rules, social norms and underage sexual behaviour, reproduction, puberty changes, periods and consent, sex and the law, risky behaviour and consequences, rights & responsibilities, confidentiality**

**Session 2: Infections and protection: self-esteem with relationships, STI – what they are and how they are transmitted; Safer sex – condom information and demonstration, consent and communication skills**

**Session 3: Relationships and Parenthood: effects of unplanned pregnancy; Contraception, Consent – alcohol and behaviour within relationships; evaluation and feedback**

Yours sincerely

**P Hartley**  
**Deputy Headteacher**

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**Please return to Mrs Hartley**

I do not wish for my child ..... to take part in the SRE programme.

Parent / Carer signature.....

Date .....